



新極真會

KI MARTIAL ARTS DOJO
PRESENTS



3RD Eastern Québec Championship

SAINTE-ANNE-DES-MONTS, GASPESIE
SUNDAY, MAY 19TH 2019

REGISTRATION
KIMARTIALARTSDOJO@GMAIL.COM
418-764-6565 / 418-763-4947
KIMARTIALARTSDOJO.COM
f/DOJOKI



Dear Shihan, Sensei and Sempai,

It gives me great pleasure to announce the **third edition** of the Eastern Quebec Championship open to all martial art styles. This event is promoted by Ki Martial Arts dojo from Saint-Anne-des-Monts and will take place on May 19th, 2019 at *Gabriel-Le Courtois high-school (170, Sainte-Anne Blv. W.)*.

A seminar will be given by Shihan Guy Salter, 5th dan Shinkyokushin, the day before. You are all welcome.

On the last page you will find a map with directions indicating how to get to the tournament. Make this championship a great opportunity to meet people from different martial styles.

Your response to participate in this event will be greatly appreciated before May 1st, 2019. You will find a copy of the rules attached to this document for kata, and semi-contact fights. The price to participate is as follows:

1 event : \$40 CDN

2 events : \$50 CDN

We hope this competition will continue to prove itself and be as fair as possible and the most impartial. Please note that a meeting will be held on the morning of the competition for referees and coaches. For more information, please contact us at 418-764-6565 or 418-763-4947. You can also contact us at any time via our email: kimartialartsdojo@gmail.com.



Day tournament

Divisions are as follow:

Katas

Age Groups

White - Blue

4-5*, 6-8*, 9-12*, 13-15**, 13-15***, 16-17**, 16-17***, 18+**, 18+***

Yellow - Green

7-9*, 10-13*, 14-17**, 14-17***, 18+**, 18+***

Brown - Black

8-12*, 13-17**, 13-17***, 18+**, 18+***

* Boys and Girls

** Boys

*** Girls



Kumite

Junior (Semi-contact)

Age Groups

White - Blue

4 – 6*, 7 – 9**, 7 – 9***, 10-12**, 10-12***, 13-15**, 13-15***, 16-17**, 16-17***

Yellow - Green

7 – 9**, 7 – 9***, 10-12**, 10-12***, 13-15**, 13-15***, 16-17**, 16-17***

Brown - Black

10-12**, 10-12***, 13-15**, 13-15***, 16-17**, 16-17***

Adult (semi-contact)

Men (18 +)

White-Blue, Yellow-Green and Brown-Black

Light Weight -70 kg

Middle Weight - 80 kg

Heavy Weight + 80 kg

(Weigh-in Sunday morning)

Women (18 +)

White-Blue, Yellow-Green and Brown-Black

Light-Middle – 60 kg

Middle-Heavy + 60 kg

(Weigh-in Sunday morning)

* Boys and Girls

** Boys

*** Girls

FIGHTERS WEIGHT- IN:

The weight - in will be held Sunday morning (May 19th, 2019) at 8:00 am

The tournament directors reserves the right to unite divisions or divide them according to events.



RULES

JUDGES CRITERIA

1. The Main referee and the four judges will judge the competition. However, the final decision belongs to the Main referee.
2. In the case of "Ippon", "Waza-Ari", "Hansoku", "Jogaï" and "Hantei", etc., the decision is valid if three of the five judges/referee supports it. However, any of the five judges/referee has the right to protest a decision.
3. The weighing shall be done with the attendance of judges/referees before the competition starts. The weight at this time shall be the valid weight for the competitor during the competition in case a decision by weight has to be made.
The valid weight differences in case of "a decision by weight" are:
5 kg and above for Light/Middle weights (men)
10 kg and above for Heavy weight (men)
4 kg and above for Light/Middle weight (women)
8 kg and above for Heavy weight (women)
4. If there is a weight difference of more than 7 kg between the weight in the application and the weight checked before the competition, the competitor might be disqualified.
5. In case a competitor cannot continue the bout due to his opponent's "Yuko Waza (effective attack)", "Hansoku Waza (foul attack)", etc., the tournament doctor may give a "doctor's stop" after consulting with the Main referee, the four judges or the Head Judge.
 - A. In the case of "Hansoku Waza", the competitor who made the foul attack loses the bout.
 - B. In case of "Yuko Waza", the damaged competitor loses the bout, due to the reason that he is unable to continue the bout.
6. The tournament schedule is to be strictly followed, but in case of an unavoidable situation, the Tournament Executive Committee Chairman may, after consultation with the Judging Panel Chairman and the Head Judge, decide to change the tournament schedule.



KUMITE RULES

1. Time for bouts
 - A. Men – The time of one bout is three minutes through the first round to the final round. The extension is two minutes and a final extension is two minutes.
 - B. Women – The time of one bout is two minutes through the first round to the final round. The extension is two minutes and a final extension is two minutes..
2. The victory is awarded to the competitor who has scored one full point (Ippon) or the one who has won by decision (including “Waza-ri” – half point) or the one whose opponent has been charged with a foul, or whose opponent has been disqualified.
3. Competitors enter onto the competition mat from the opposite sides to each other and stand outside of the two lines in red and in white in the center of the fighting area, taking postures of “Fudodachi”, facing to the front. Looking at them from the front (official seats), the competitor for “Aka”- red should stand on the left side (the one whose entry number is smaller) and the competitor for “Shiro”- white should be on the right side (the one whose entry number is bigger).
4. The bout starts with the Main referee’s command “Hajime” and ends with the Main referee’s command “Yame”.
5. In case of any accident during the fight, the Main referee may stop the bout.
6. When the Main referee makes the sign of “Time”, the bout shall stop for a moment, and when he makes the sign of “Zokkou” (continue) the bout shall start again.

IPPON-GACHI (Full Point Victory)

1. When a thrust (Tsuki), a kick (Keri), or an elbow strike (Hiji Uchi) etc., excluding actions listed as fouls, vigorously downs the opponent for more than three seconds.
2. If the opponent has lost his will to fight for more than three seconds.
3. When having obtained two Waza-Ari (half points), which results in one Ippon (full point).

WAZA-ARI (Half point)

1. When a thrust (Tsuki), a kick (Keri), an elbow strike (Hiji Uchi), etc., excluding actions listed as fouls, downs the opponent and within 3 seconds he stands up and resumes the fight.
2. If the opponent has lost his will to fight but resumes the fight within 3 seconds.
3. If the opponent has received so much damage that he loses his balance, but not that he falls down.
4. After either downing the opponent with foot sweeps (Ashi-Barai) or dodging the opponent’s Domowashi-Kaiten-Geri (rolling kick), a well focused Gedan Zuki (downward punch) follows immediately.



CRITERIA OF HANTEI (decision)

1. In case there is no Ippon, nor disqualification, the decision supported by three out of the five judges/referee (one Main referee and 4 corner judges) is valid.
2. In case of one of the competitors having a Waza-Ari, the Waza-Ari will be the first priority for a decision.
3. In case of no Waza-Ari, the amount of damages will be the first priority for a decision.
4. In case of no damages, the amount of techniques (punches, kicks), including Yulo-Uchi (point-giving techniques, but not enough for being a Waza-Ari), will be the first priority for a decision.
5. In case of some amount of techniques, including Yuko-Uchi, the judges/referee shall look at the fighter who is moving forward and backward, who is fighting most aggressively, and this shall be the first priority for a decision. (This applies to the final extension where a champion has to be decided.)
6. In case of either the competitor having obtained Chui (warning) or Genten (penalty), the judges/referee shall follow the criteria stated in "Judging Criterion".

JOGAI (Stepping outside competition area)

1. It will be judged as Jogai if one of the competitors has stepped outside the area line completely with his both feet.
2. The Main referee will, after stopping the bout by giving the command "Yame" (stop), the bout becomes "Jogai".

HANSOKU (Fouls)

1. Attacks with techniques using hands or elbows (such as Ken, Shuto, Nukite, Elbow strike, etc.) to the opponent's face or neck. Even a slight touch may result in Hansoku. However, making feints to the face is allowed.
2. Attacks to groin and lower abdomen.
3. ZU-TSUKI (Hit to the head).
4. TSUKAMI (grabbing)(For whatever reason, to grab the opponent's dogi or to clinch hands with each other is not allowed).
5. KAKE (Hooking) (Grabbing or hooking the opponent's neck, head, shoulders, etc.).
6. OSHI (Pushing) (No pushing is allowed with open hands, closed hands or with the body. Basically it will be considered as Hansoku even if you push only with one hand).
7. To attack whilst leaning the head or body against the opponent.
8. KAKAEKOMI (hugging and holding) (The person who puts his arms around the other one first will be given a foul).
9. Attacks from the back.
10. To attack an opponent who is already down.
11. KAKENIGE (run-away attack) (pretending to attack whilst actually running away from the opponent).
12. Running away by repeating JOGAI (stepping outside area).
13. Any actions that may be considered as bad attitudes towards the contest.
14. Any other actions that the judges/referee may regard as fouls.



MITOMEZU (no count)

The case where Ippon (one full point), Waza-Ari (one half point) or Hasoku (fouls), etc. is not approved.

CHUI (warming) and GENTEN (penalty)

1. A foul is charged with one warning "Chui Ichi".
2. When any action is considered as a deliberate or malicious foul, or when severe damages have occurred from a foul, a Genten Ichi (first penalty) may be given to such a foul at the first time.

Chui Ni (two warnings) results in Genten Ichi (first penalty), and Genten Ni (two penalties) results in Shikkaku (disqualification).

SHIKKAKU (Disqualification)

The following cases result in Shikkaku (disqualification) :

1. When failing to obey the Main referee's instructions during the bout;
2. If being late for a bout or failing to appear;
3. If facing each other for more than one minute without engaging in fight, this shall be regarded as lacking the will to fight and both competitors shall be disqualified;
4. Any actions considered as sheer violence, seriously deliberate fouls and deliberate bad attitude towards the competition;
5. In the case of Genten-Ni (two penalties). When the total number of Tameshiwari is 0 (zero), or when Tameshiwari is deliberately given up.

GIVING UP THE COMPETITION

Anyone who fails to take part in the bout as scheduled without any good reason shall be fined no more than \$500.00 CAD. The following circumstances are exceptions:

1. When the tournament doctor has, after medical examination, made the decision that the competitor cannot continue the competition;
2. In case of any unforeseen misfortune to anyone closely related to the competitor (such as his family members, etc.) which happens immediately before or during the bout, permission to leave the competition area will be given after consultation between the Head Judge and Chairman of the Tournament Executive Committee.

TAMESHIWARI (breaking) rules

There will be no Tameshiwari at the 3rd Eastern Quebec Championship.



**DOJO
KI ARTS
MARTIAUX**
— KARATÉ —
SHINKYOKUSHIN




3^E Championnat

Est du Québec

SAINTE-ANNE-DES-MONTS, GASPÉSIE
DIMANCHE, 19 MAI 2019

Techniques

SEM CONTACT

Techniques légales

- Tous les coups au corps
- Coups de pieds et coups de genou à l'intérieur et à l'extérieur de la cuisse
- Coups de pied à la tête (12 ans et plus seulement)



Coups de poing au corps



Coups de pied à l'extérieur de la cuisse



Side kick



Coups de poing en crochet



Coups de pied à l'intérieur de la cuisse



Coups de pied arrière (Back kick)



Coups de coude au corps



Coups de pied de côté au corps



Coups de pied de face au corps



Coups de pied de côté à la tête



Coups de genou au corps et à la tête



Coups de pied circulaire sautés à la tête



Coups de pied circulaire arrière à la tête

Techniques illégales

- Coups de poing au visage
- Coups dans la région pelvienne ou dans les genoux
- Frapper son adversaire lorsqu'il est au sol
- Techniques de Knockdown suivies d'un punch
- Coups de pieds à la tête (pour les moins de 12 ans)



Coups de pied aux articulations



Coups de poing à la gorge



Agripper son adversaire



Coups de coude au visage



Pousser ou retenir avec la tête pour attaquer



Coups de pied dans la région pelvienne



Coups de poing au visage



Frapper à la tête l'adversaire à le dos tourné



Frapper l'adversaire lorsqu'il est au sol



Pousser son adversaire



Frapper son adversaire dans le dos avec le poing (colonne vertébrale)



Frapper son adversaire avec la tête



Coups de pied vertical (Drop kick)



Chute suivie d'un coup de poing au corps



ACCOMODATIONS

Motel Monaco des Monts

90, boulevard Sainte-Anne Ouest
Sainte-Anne-des-Monts (Québec) G4V 1R3
TELEPHONE: (418) 763-3321 - 1-877-763-3321
FAX: (418) 763-7846
hotelmonaco@globetrotter.net

Motel à la brunante

94, boulevard Sainte-Anne
Sainte-Anne-des-Monts (Québec) G4V 1R3
TELEPHONE: (418) 763-3366 - 1-800-463-0828
FAX: (418) 763-7380
labrunante@globetrotter.net

Motel Beurivage

245, 1^{re} Avenue Ouest
Case Postale 68
Sainte-Anne-des-Monts (Québec) G4V 1E3
TELEPHONE: (418) 763-2291 - 1-888-763-2291
FAX: (418) 786-5388
beurivage@globetrotter.net
www.tourisme-gaspesie.com



T I C K E T S

AT THE DOOR

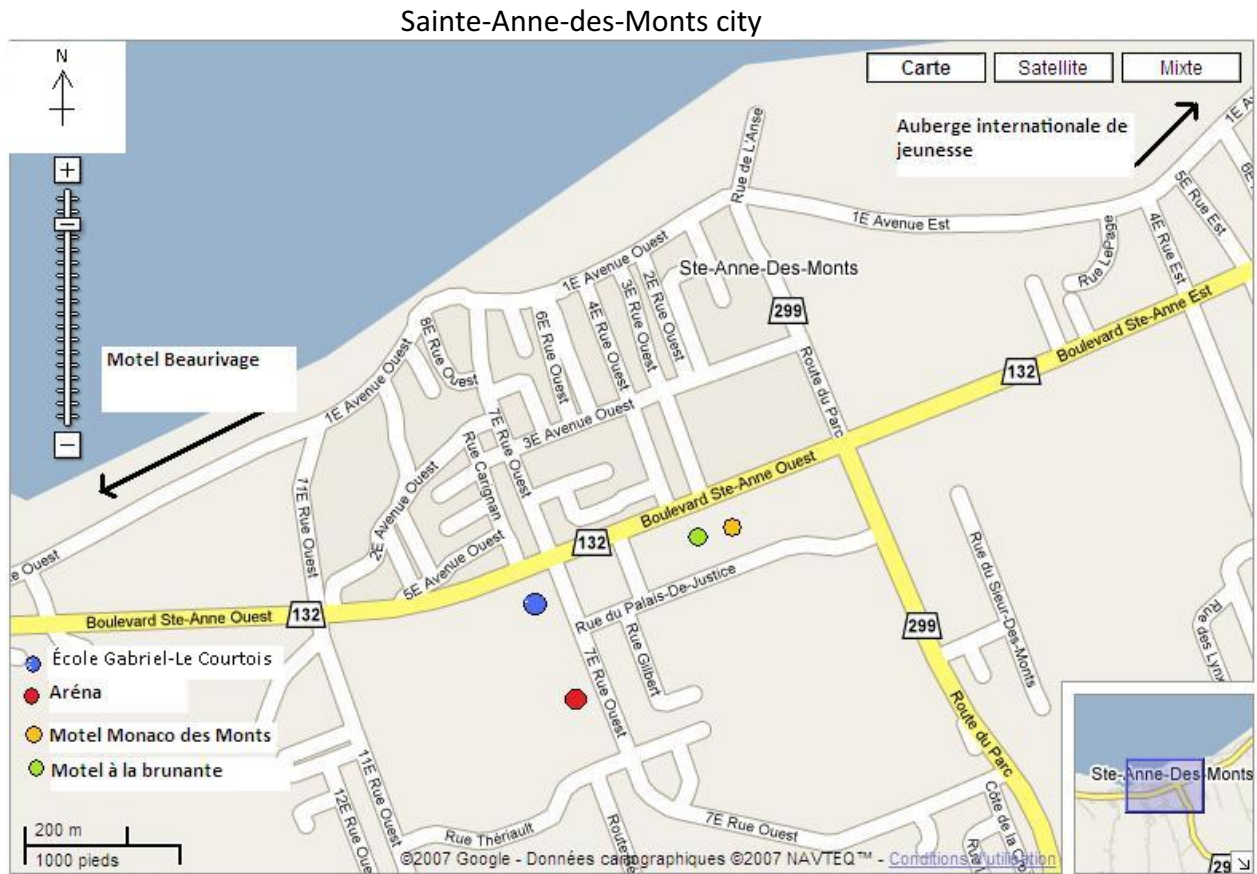
ADULTS	CHILDREN (5 – 12 years old)
10\$	5\$

One coach and branch chiefs no charge
RESERVE YOURS TODAY!!!

Feel free to contact me at (418) 764-6565 or (418) 763-4947 for any additional information.



Directions



<http://maps.google.ca/maps?f=d&hl=fr&saddr=aut.40+Montr%C3%A9al&daddr=149+7E+Rue+Ouest,+Ste-Anne-Des-Monts,+QC&ll=47.323545,-70.07306&sspn=3.783253,10.217285&ie=UTF8&om=1&z=6&ll=47.323931,-67.005615&spn=7.567217,20.43457>



APPLICATION FORM

DATE: 19 mai 2019
BEGINS AT: 09:00 AM
PRE-REGISTRATION FINAL DATE: May 1st 2019
No refund

NO CHECKS WILL BE ACCEPTED

1 event : 40\$ CDN
2 events : 50\$ CDN

PUT A MARK "X" FOR EVENT YOU'LL PARTICIPATE:

Junior: ___ Kata ___ Kumite (Semi Contact)
Adult: ___ Kata ___ Kumite (Semi Contact)

SEX ___ MALE ___ FEMALE AGE: ___

NAME _____

ADDRESS _____

PHONE:(_____) _____ D.O.B.: _____

WEIGHT: _____ HEIGHT: _____ BELT : _____

STYLE: _____ /COACH: _____

DOJO: _____ DOJO PHONE :(_____) _____

YOU CAN EMAIL YOUR FORM AT: kimartialartsdojo@gmail.com



DEADLINE FOR REGISTRATION IS May 1st , 2019

PRE REGISTRATION BY MAIL OR EMAIL

All Fees will be payed at the door.

******NO CHECKS WILL BE ACCEPTED******

Following my admission to this athletic event, I declare that for myself, my inheritors, my executors and administrators, that I renounce all prosecution against Ki Martial Arts Dojo and all Affiliated Dojos. And /or its administrative divisions, officials, agents, representatives, successors and/or delegates or participants in the event of any personal damages incurred in this athletic event :

3rd Eastern Quebec Championship, May 19th 2019, Sainte-Anne-des-Monts

Parents signature : _____

Karateka signature: _____

Check here to review all the information/blanks above to make sure everything is filled out completely.

**FEEL FREE TO EMAIL US YOUR COMPLETED APPLICATION AT:
kimartialartsdojo@gmail.com**



3^E *Championnat* *Est du Québec*

SAINTE-ANNE-DES-MONTS, GASPÉSIE

DIMANCHE, 19 MAI 2019